

Reiki Therapy Home Study Course

16 CE Hours
Online Study Guide

Presented by the:
Center for Massage Therapy Continuing Education

*PO Box 117 • Elk Point, SD 57025
866-784-5940 • www.massagetherapyceu.com*

Table of Contents

INSTRUCTIONS 3
EXAM (for review before taking the online exam)..... 4

Center for Massage Therapy Continuing Education

© 2020, Center for Massage Therapy Continuing Education
PO Box 117
Elk Point, SD 57025
www.massagetherapyceu.com
Ph.: 866-784-5940 • Fax: 605-761-2261
info@massagetherapyceu.com

Published by the Center for Massage Therapy Continuing Education

The textbook used for this course is written by Tanmaya Honervogt, Titled: *The Complete Reiki Tutor*, copyright © Octopus Publishing Group, text copyright © Tanmaya Honervogt, 2008.

This guide and exam is published by the Center for Massage Therapy Continuing Education. © 2009, Center for Massage Therapy Continuing Education. The author grants permission to photocopy this outline/exam for personal use only. Beyond this consent, no portion of this outline may be copied or reproduced in any form without written permission from the Center for Massage Therapy Continuing Education.

It is the responsibility of the practitioner to determine the appropriateness of the techniques presented in terms within the scope of practice. This information is in no way meant to diagnose or treat medical conditions. Written medical opinions are always the best way to resolve any questions regarding contra-indications to Reiki.

Instructions for the Reiki Therapy home study course

Thank you for investing in the Reiki Therapy home study course, a 16 CE hour course designed to introduce you to the therapeutic modality, Reiki, and its related theories. This is an introductory course in Reiki and is not meant to teach advanced hands on techniques. Please seek further training to add advanced hands on skills.

This guide will contain all of the instructions you will need to complete this course. This is a 16 CE hour course, so that means it should take you approximately 16 hours to read through the textbook and complete the exam.

This course will present you with information on:

- ◆ History and origins of Reiki
- ◆ The theory behind the practice of Reiki
- ◆ Reiki hand positions
- ◆ How to treat common ailments using Reiki techniques

The following are steps to follow in completing this course:

- 1. Read the instructions and review the textbook and exam. Your textbook will be mailed to you.**
- 2. Access the online examination in your account at www.massagetherapyceu.com.**
- 3. Complete your examination and print your certificate. The exam is open book and there is no time limit for completion.**

You must pass the exam with an 80% or better to pass this home study course. You are allowed to access and take the online exam up to 3 times if needed. There is no time limit when taking the exam. Feel free to review the textbook while taking the exam. **It is advised to answer the exam questions in the study guide before testing online. That way, when you are testing you do not have to go back and forth through the online exam and risk losing your answered questions!**

The textbook used for this course is written by Tanmaya Honervogt, Titled: *The Complete Reiki Tutor*, copyright © Octopus Publishing Group, text copyright © Tanmaya Honervogt, 2008. There are no trick questions on the exam. All of the answers are clearly found in the text.

Good luck as you complete this course. If you have any questions please feel free to contact us at 866-784-5940, 712-490-8245 or info@massagetherapyceu.com. Most state boards require that you keep your “proof of completion” certificates for at least four years in case of audit. Thank you for taking our Reiki Therapy home study course.

Reiki Therapy Exam

Introduction

1. The practice of Reiki uses the transfer of _____ for healing.
 - A. Direct pressure
 - B. Universal Life Energy
 - C. Electrical stimulation
 - D. Gentle gliding strokes
2. Tanmaya Honervogt's (the author of this book) lineage goes back directly to the source of Reiki.
 - A. True
 - B. False

Chapter 1: The Origins of Reiki

3. Reiki was discovered at the end of the 19th century by whom?
 - A. Dr. Chujiro Hayashi
 - B. Mikao Usui
 - C. Tanmaya Honervogt
 - D. Hawayo Takata
4. What was the purpose of the Reiki Alliance founded in 1983?
 - A. To track all forms and variations of Reiki being practiced
 - B. To support the flourishing of different variations of Reiki in the United States
 - C. To keep the essence of Reiki intact and to support all teachers of the Usui system of Reiki
 - D. To prevent the spread of education in the practice of Reiki
5. Although many variations exist today, the Usui system of Reiki practice is the original system of Reiki that Mrs. Takata brought from Japan to the west.
 - A. True
 - B. False
6. Why does the author stress that the lineage of the Master you train with be traced to the source of Reiki (Usui, Hayashi or Takata)?
 - A. In order to keep the pure energy of Reiki intact
 - B. So that there is a connection between all the Reiki Masters
 - C. So that the receiver is receiving pure energy which is not diluted by Masters from other healing systems
 - D. All of the above
7. Today, the Reiki Alliance has about how many Master Teachers?
 - A. Almost 100
 - B. Almost 1,000
 - C. Almost 5,000
 - D. Almost 10,000
8. What are the Reiki precepts and principles?
 - A. Guidelines stated by the Reiki Alliance in 1983 to help teach new students the spiritual discipline or Reiki
 - B. Guidelines for life as passed down by Usui from the Meiji emperor of Japan, they are part of the spiritual discipline of Reiki
 - C. Spiritual guidelines set forth by each state and country that regulates the practice of Reiki
 - D. All of the above

9. What does the concept of “just for today” mean?
- A. It is an instruction to live in the past and not worry about the future
 - B. It is an instruction to live in the present moment thinking of what may happen in the future
 - C. It is an instruction to live in the present moment, the only time there is
 - D. It is an instruction to live in the present moment feeling guilt for wrong things you have done in the past
10. Which of the following is the correct list of the Reiki principles?
- A. Just for today do not anger, just for tomorrow do not anger, honor your teachers, do not worry about money and give thanks to every living thing
 - B. Just for today worry, just for today anger, honor your parents, teachers and elders and earn your living honestly
 - C. Just for today do not anger, just for today do not worry, honor your parents, teachers and elders, earn your living honestly and give thanks to every living thing
 - D. Just for the past do not worry, just for the future worry, honor your family and give thanks to every living thing

Chapter 2: The Theory of Reiki

11. Which of the following define Reiki and the concept of Reiki therapy?
- A. It is a simple and natural healing method
 - B. An ancient hands on technique with no formal connection with any religion, cult, dogma or human belief system
 - C. Universal life energy
 - D. All of the above
12. Which of the following best describes attunement and the attunement process?
- A. A process where a Reiki practitioner applies for a license to practice Reiki healing in their area
 - B. A method of transferring the Reiki energy from the practitioner to the receiver/client in order to heal the client’s physical, mental and spiritual disturbances
 - C. A method of transferring Universal Life Energy from a qualified Reiki Master-Teacher to a student in order for them to become a “channel” for Reiki energy
 - D. All of the above
13. How does Reiki heal the receiver’s drained or blocked energy?
- A. Through the transfer of Reiki energy through the practitioner’s hands, who is a channel for this energy, to the receiver
 - B. Through the use of direct sustained pressure techniques, such as effleurage and petrissage
 - C. Through the use of a mechanical device, such as a healing stone, Reiki energy flows through the practitioner to the receiver
 - D. Through performing various exercises, the receiver allows healing energy to flow to organs of the body
14. What are the four levels of Reiki?
- A. Physical, emotional, cellular and spiritual
 - B. Physical, emotional, mental and spiritual
 - C. Material, emotional, mental and soul
 - D. Physiological, spiritual, metaphysical and emotional
15. Reiki works on the body as a whole, balancing the emotions, bringing clarity to the mind and reconnecting to the true self, which in turn impacts on physical well-being.
- A. True
 - B. False

16. What is a “channel” in the theory of Reiki?
- A. A metaphysical conduit through which energy can pass; in Reiki, a person is the channel
 - B. A point on the receiver’s body, where a chakra lies, through which energy can pass
 - C. Something that people are born with in which they need a massage license to use
 - D. A point on the feet that corresponds to an organ or system in the body
17. Any person who has attended massage therapy school is a channel for Reiki energy.
- A. True
 - B. False
18. Because Reiki works on _____, the cause is treated as well as the illness?
- A. Physical and mental levels
 - B. Mental and spiritual levels
 - C. Emotional, mental and spiritual levels
 - D. Mental and emotional levels
19. What is the aura?
- A. An electromagnetic field, pulsating with energy and light, that is made up of different layers called “energy bodies” which interpenetrate and surround each other
 - B. An energy field that surrounds the chakras in the body and pulsates with light from the trunk
 - C. Energy channels flowing through the whole body and carrying life force around the body
 - D. A Reiki technique that Master-Teachers can use to attune students to the healing powers of Reiki
20. How does Reiki affect the energy bodies?
- A. It helps to shift restricted energy in the body and dissolve blockages
 - B. It clears and balances the chakras
 - C. It energizes the meridians and stimulates the organs of the endocrine system
 - D. All of the above
21. What are the chakras?
- A. Energy channels flowing through the whole body and carrying life force
 - B. Organs in the body, pulsating with energy and light that interpenetrate the spiritual body
 - C. Vital energy centers, relating to the energy bodies of the human aura that govern our mental, physical, emotional and spiritual well being
 - D. Mechanical devices that Reiki healers use to manipulate the energy flow in the body
22. Which of the following statements is true about the chakras?
- A. Each chakra is linked with a specific organ and area of the body and has an influence on its function
 - B. All chakras are openings enabling energy to flow in and out of the aura, as well as into and out of the physical body
 - C. Each chakra absorbs Universal Energy, breaks it up into component parts and then sends it along energy lines to the nervous system, the endocrine glands and the blood
 - D. All of the above
23. The first chakra (root), called Muladhara, is associated with all of the following body parts/organs EXCEPT:
- A. Adrenal glands
 - B. Heart
 - C. Bladder
 - D. Genitals

24. The third chakra, called Manipura, is associated with which of the following elements?
- A. Earth
 - B. Metal
 - C. Fire
 - D. Water
25. Which of the following is the correct location of the fifth chakra?
- A. The middle of the chest
 - B. The throat area
 - C. The forehead
 - D. The top of the head
26. The crown chakra is the highest chakra and cannot be influenced in terms of opening or closing. It opens automatically when we develop spiritually.
- A. True
 - B. False
27. What can happen if someone pays too much attention to one chakra?
- A. The muscles and tissues in that area will grow
 - B. This can lead to physical disorders and illnesses
 - C. This can lead to excess perspiration
 - D. The body will remain balanced and healthy
28. What is the purpose of self balancing the chakras?
- A. It helps you to revitalize and balance your chakras
 - B. It helps enable your energy to flow freely
 - C. It helps to keep you healthy
 - D. All of the above
29. What happens to the student with each increasing degree of Reiki training?
- A. With each increasing level the student is able to better diagnose and treat their clients with the healing energy of Reiki
 - B. The student is able to heal an increasing number of conditions with each increased level of Reiki training
 - C. The student receives one or more attunements at each level and becomes a wider channel for the flow of Reiki energy
 - D. All of the above
30. What are the effects of an attunement?
- A. It clears and cleanses the whole energy body
 - B. Each attunement raises the vibratory level at which we normally function
 - C. It gives the student the power to diagnose their client's illnesses
 - D. Both A and B

Chapter 3: The First Degree

31. What does the student learn in the First Degree Reiki training?
- A. Fundamentals of the Reiki system of healing, its history, effects and benefits
 - B. Basic hand positions in order to treat yourself and others
 - C. How to treat animals and how to use Reiki in first aid
 - D. All of the above

32. All of the following are Reiki treatment guidelines EXCEPT:
- A. Keep legs uncrossed (both giver and receiver)
 - B. Treat the receiver in a noisy environment
 - C. Stay in each position for three to five minutes
 - D. Treat for a minimum of three to four consecutive daily treatments
33. All of the following are possible reactions to Reiki treatment EXCEPT:
- A. Chronic ailments becoming worse
 - B. An urgency to go to the bathroom
 - C. A feeling of pressure in the head or a headache
 - D. Detoxification
34. How many attunements are given in the first degree Reiki ceremony?
- A. 1
 - B. 3
 - C. 4
 - D. 5
35. In the first few weeks following the First Degree initiation, self treatment should be maintained on a daily basis.
- A. True
 - B. False
36. Reiki can be used to treat which of the following?
- A. People
 - B. Animals
 - C. Plants
 - D. All of the above

Chapter 4: The Second Degree

37. The Second Degree Reiki attunement stimulates what chakras in the body?
- A. The first and sixth chakras
 - B. The second and third chakras
 - C. The third and fifth chakras
 - D. The fifth and seventh chakras
38. What is the purpose/function of the Reiki symbols given in the Second Degree attunement?
- A. The use of the symbols in Reiki healing adds power and makes its energy much stronger
 - B. The Reiki symbols are like keys that open doors to higher levels of consciousness
 - C. They increase the student's awareness and develop their intuition, sensitivity and ability
 - D. All of the above
39. Which of the following statements best describes the function of the Power Symbol?
- A. The main function of the Power Symbol is to transmit balance and peace to the receiver
 - B. The main function of the Power Symbol is to send healing energy to someone far away
 - C. The main function of the Power Symbol is to increase available energy
 - D. The main function of the Power Symbol is to heal mental and emotional problems going back to childhood

40. The Harmony Symbol is used in which of the following Reiki techniques?
- A. The Distant Healing technique
 - B. The Mental Healing technique
 - C. The tappotment technique
 - D. Both A and B
41. The use of Mental Healing connects the three layers of the mind; the conscious, the unconscious and the super-conscious and can be done on yourself or a receiver, with their permission.
- A. True
 - B. False
42. What is the Distance Symbol used for?
- A. To transmit peace and harmony to the receiver in your office
 - B. To send loving, healing energy to a person, animal or plant across a distance
 - C. To increase available energy
 - D. To perform self treatment on a daily basis
43. Which of the following symbols is used during Distant Healing treatment in order to add more power and increase the Reiki energy?
- A. The Distance Symbol
 - B. The Harmony Symbol
 - C. The Power Symbol
 - D. All of the above
44. Reiki healers of the Second Degree can use distant group healing to aid in all of the following EXCEPT:
- A. To send Distant Healing for ongoing issues
 - B. To send Distant Healing to address health problems directly
 - C. To send increased healing power to the receiver in your office
 - D. To send healing energy to a future situation you are facing
45. The tools of the Second Degree can be incorporated together to provide Mental Healing during Distant Healing. It is essential to have the receiver's permission before providing Mental Healing via the Distant Healing technique.
- A. True
 - B. False

Chapter 5: The Third Degree

46. What is learned in the Third Degree of Reiki?
- A. The student learns the Distant Healing technique
 - B. The student becomes a Reiki Master-Teacher
 - C. The student learns a basic Reiki routine
 - D. The student becomes able to diagnose disease in the body
47. Which of the following is part of the preparation stage to become a Third Degree Reiki Master?
- A. Daily Reiki treatments
 - B. Daily meditation
 - C. Write healing case studies on clients
 - D. All of the above

48. How many attunements are given during the Third Degree Reiki training?
- 1
 - 2
 - 3
 - 4
49. What is the purpose of the Master Symbol?
- To allow you to perform Mental Healing during Distant Healing
 - To give you the confidence to practice Reiki on others
 - To raise your level of consciousness and to open yourself as a pure channel
 - To allow you to use the Reiki symbols learned in your journey to the Third Degree training
50. All of the following are uses of the Reiki Master Symbol EXCEPT:
- The Master Symbol is used to help you diagnose disease by using its energy to find blockages in clients
 - The Master Symbol is used to channel higher energies during attunement of others
 - The Master Symbol is used to surround yourself with its higher vibrations, to create harmony and balance
 - The Master Symbol helps to connect you at a deep level with your Higher Consciousness and bring you into higher dimensions
51. Part of the Third Degree Master training involves learning how to attune others into the Reiki method.
- True
 - False
52. What is advanced chakra balancing?
- Using the attunement process and Power Symbol to balance an excess or shortage of energy in your chakras
 - Using the basic Reiki positions in order to harmonize/balance an excess or shortage of energy in your chakras
 - Using the Distant Healing method in order to harmonize/balance an excess or shortage of energy in your chakras
 - Using group Distant Healing to send healing energy to a recipient that is far from you
53. As a Reiki healer, where should you place your hands if you want to ground all of the chakras?
- On the insides of each thigh with your fingertips pointing in opposite directions
 - Place one hand on each knee
 - Place the base of your palms on the toes with your fingertips pointing towards the heels
 - Place one hand on the forehead and the other on the abdomen

Chapter 6: The Reiki Hand Positions

54. How long should each of the presented hand positions be held for?
- 1-2 minutes
 - 5-10 minutes
 - 2-4 minutes
 - 3-5 minutes
55. Which of the following is a function/benefit of Head Position Five?
- Harmonizes blood pressure and metabolism
 - Helps neck pains and hoarseness
 - Promotes self expression
 - All of the above

56. Emotionally, the Knee Hand Position is connected with issues of:
- A. Difficulties with responsibility
 - B. Fear and stepping forward in life
 - C. Self esteem and confidence
 - D. Depression
57. All of the following are practical tips to remember when performing Reiki on others EXCEPT:
- A. Ensure that both the giver and the receiver are comfortable
 - B. Lay your hands gently and adjust them to the receiver's body shape
 - C. Keep your fingers relaxed and together with your thumbs tucked into your hands
 - D. Apply each hand position with deep sustained pressure for the entire 3-5 minutes
58. How many basic hand positions are there in a full Reiki treatment for others?
- A. 12
 - B. 15
 - C. 17
 - D. 19
59. When treating others with AIDS and cancer, Front Position Three will help to do which of the following?
- A. Restore energy and vitality
 - B. Help stabilize the immune system
 - C. Help balance emotions such as anger and depression
 - D. Help promote confidence
60. Which chakra is Back Position Five (A) – T position related to?
- A. First
 - B. Second
 - C. Third
 - D. Fourth
61. Which of the following is an example of when you might use the 16 additional hand positions?
- A. A client comes to you with mild back soreness and states that they have no significant physical or emotional problems
 - B. A client comes to you with significant sciatic pain and states that they have had a lot of tension and stress lately at work
 - C. A client comes to you and states that they have no pain or soreness; they have come for a general Reiki session
 - D. All of the above
62. Which of the following positions is the short Reiki treatment given?
- A. Lying supine on a table or blanket on the floor
 - B. Side lying on a table
 - C. Sitting in a chair
 - D. Lying prone on a table or blanket on the floor
63. Smoothing the aura begins at the foot and goes in an upward movement to the head.
- A. True
 - B. False

64. About how long does a group Reiki session last?
- A. About 20 minutes
 - B. About 40 minutes
 - C. About 60 minutes
 - D. About 90 minutes

Chapter 7: Reiki for Common Ailments

65. What is the main condition/stipulation for healing with Reiki?
- A. The practitioner's willingness to use Reiki to heal others
 - B. Having a close relationship between the giver and the receiver
 - C. The receiver's willingness to be open to change, shifts of attitudes, behavior and outlook
 - D. The practitioner's ability to diagnose the receiver's condition
66. How does an acute ailment respond to Reiki energy?
- A. An acute ailment responds rapidly and directly to Reiki energy
 - B. An acute ailment needs intense, prolonged treatment in order to respond to Reiki energy
 - C. An acute ailment does not respond to Reiki energy
 - D. An acute ailment responds slowly and only about 50% of the time to Reiki energy
67. Which of the following are possible emotional causes of neck, shoulder and upper back pain?
- A. Holding back emotions
 - B. Feeling overloaded with responsibility
 - C. Lack of support in life
 - D. Both A and B
68. Which of the following is a benefit of using Head Position One in order to treat colds and flu?
- A. Head Position One helps to release pressure in the inner ear
 - B. Head Position One treats lymph nodes
 - C. Head Position One helps the sinuses to clear out any blockage
 - D. Head Position One supports detoxification
69. Along with Reiki treatment, which of the following is a recommendation to help treat coughs?
- A. Cut out dairy products, which cause an accumulation of mucus in the system
 - B. Use antibiotics until the cough has been suppressed
 - C. Cut out wheat and sugar from your diet
 - D. Avoid coffee, tea and alcohol
70. Reiki treatment for asthma includes treating what area of the body?
- A. The middle back and legs
 - B. The chest and middle to lower back
 - C. The chest and the upper back
 - D. The upper back and head
71. Reiki treatment for allergies is used to treat which type of allergies?
- A. Hay fever
 - B. Skin allergies
 - C. Food allergies
 - D. All of the above
72. Physical causes and excessive periods of insomnia can be treated with Reiki therapy but also need to be investigated because they may have serious underlying problems.
- A. True
 - B. False

73. The treatment sequence for cystitis can also be used to treat which of the following?
- A. Bedwetting and incontinence
 - B. Diarrhea and intestinal trouble
 - C. Reproductive problems
 - D. Sciatica and leg cramps
74. Which of the following areas should be treated when working on a receiver with constipation and/or irritable bowel syndrome?
- A. Colon
 - B. Pancreas
 - C. Spleen
 - D. All of the above
75. When treating the pubic area of a receiver suffering from menstrual problems or menopause, always ask them beforehand if they are comfortable being touched in that area.
- A. True
 - B. False
76. What is the purpose of treating the fifth and seventh chakra's of a receiver suffering from menopausal symptoms?
- A. It treats the pubic area and balances the hormones
 - B. It treats the thyroid, pineal, pituitary and hypothalamus glands, balancing the metabolism
 - C. It treats the solar plexus and the thyroid glands, balancing hormones as well as the chakras
 - D. It treats the stomach, colon and reproductive organs, providing relief from symptoms
77. Treating the inner and outer ear as well as the organs of balance with Reiki will help which of the following ailments?
- A. Throat and nasal infections
 - B. Headaches and neck pain
 - C. Earache and ear infection
 - D. Sinus infections
78. All eye disorders are connected to an imbalance in the _____. This area should be treated along with the eyes when treating eye disorders.
- A. Stomach
 - B. Liver
 - C. Pituitary gland
 - D. Thyroid

Chapter 8: Reiki for the Healing Spirit

79. Reiki gives you the opportunity to develop spiritually, to heal and revitalize your thoughts and emotions, and to gain fresh insights. It is a discipline that requires faith and focus.
- A. True
 - B. False
80. What is meditation?
- A. A technique for treating others with Reiki therapy
 - B. An attunement given in the Second Degree Reiki training
 - C. A chakra within the body that allows us to draw in Reiki energy
 - D. A state of being where we feel at one with each and every thing

81. Performing the grounding exercise presented in the text will do all of the following EXCEPT:
- Strengthen your presence and rootedness
 - Cleanse all of your chakras
 - Attune you as a Reiki practitioner
 - Energize all of your chakras
82. Atisha's (an ancient Tibetan mystic) heart-of-joy meditation is based on which of the following?
- The understanding that the deeper we melt into the heart (or the heart chakra), the more we can disappear as a separate "I"
 - The principle that as we meditate and cleanse the heart (or the heart chakra), the more Reiki energy we absorb through our human bodies
 - The understanding that the less we concentrate on our heart, the more healing energy we can give to others
 - The principle that in order to send healing energy to the world, we must absorb the world's negative energies and problems
83. The talking and listening to your heart exercise presented in the text helps you to do which of the following?
- To open up your heart
 - To reconnect with your innermost feelings
 - To release the worries and tensions of the day
 - All of the above
84. When performing Reiki for mood swings, what is the benefit of using Head Position Four?
- Calms powerful emotions, strengthens intuition and brings clarity
 - Reduces fears and promotes relaxation
 - Allows the receiver to let go of stress, fear and pain
 - Reinforces confidence and self esteem
85. What do the hand positions presented for emotional healing and balancing do for the body?
- Increase stress and excessive mental activity
 - Balance powerful emotions, such as fear, confusion, shock and worry
 - Promote the increased production of endorphins in the body
 - Reduce energy and promote uneasiness in the heart
86. Reiki for emotional upsets is particularly helpful during _____, as the hand positions also affect the release of hormones in the body.
- Pregnancy
 - Menopause
 - Excessive stress
 - Menstruation
87. What can Reiki help the receiver to do when treating anger, frustration and depression?
- To keep feelings of anger and sadness inside the body, suppress them and eventually they will disappear
 - To recognize the underlying emotions, and then to balance and transform these negative feelings into positive ones
 - To allow the receiver to contact the spirit in the past who has made them angry and resolve the conflict in their life
 - All of the above

88. Reiki can help us during life challenges by healing the areas that require most attention, on physical, emotional, mental and spiritual levels, transforming our responses to change and suffering.
- A. True
 - B. False
89. When performing Reiki to help a mid-life crisis, which of the following is a benefit of performing Head Position One?
- A. To reduce stress
 - B. To increase clarity
 - C. To heighten intuition
 - D. All of the above
90. How does Reiki work to prevent stress?
- A. It balances your energies and recharges your batteries quickly
 - B. It strengthens your immune system
 - C. It counteracts feelings of worry, restlessness or low spirits
 - D. All of the above
91. Which of the following Reiki positions are used to boost self-confidence?
- A. Head Position One, Front Position One, Two and Three
 - B. Front Position One and Two and Back Position Two and Three
 - C. Front Position One, Two, Three and Back Position Three
 - D. Front Position Three and Back Position One, Two and Three
92. As you progress with Reiki, why do you become more sensitive to other people's energies and more vulnerable and receptive to energetic and psychic draining?
- A. Because, as the vibrational frequencies of your energy body are raised, they become more attractive to the lower energies
 - B. Because, as the vibrational frequencies of your energy body are lowered, they become more attractive to the higher energies
 - C. Because, as you treat clients, you take on their energy, both positive and negative
 - D. All of the above

Chapter 9: Becoming a Reiki Practitioner

If you are interested in becoming a Reiki practitioner, please proceed to chapter 9. Thank you for taking our course!

This completes the Reiki Therapy home study course.